The Dashboard of My Life

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Business Dashboard
Victoria Falls, Zimbabwe, Africa

Pyongyang, North Korea, Asia

Pisa, Italy, Europe

Melbourne, Australia, Oceania

Columbo, Sri Lanka
void aprint(int b, char *fmt, ...) {
    va_list list;
    char *p, *r;
    int e, x;
    if (b == -1) table--;
    if (b == 3) table++;
    for (x = 0; x < table; x++) pcmt("\\t", stdout);
    va_start(list, fmt);
    for (p = fmt; *p; ++p) {
        if (*p == '\n') {
            pcmt(*p, stdout);
        } else {
            switch (*++p) {
            case 's':
                r = va_arg(list, char *);
                printf("%s", r);
                continue;
            case 'i':
                e = va_arg(list, int);
                printf("%d", e);
                continue;
            default:
            case 'a':
                print results to stdout /*
                * print string */
                break;
            case 'o':
                * print results to stdout /*
                * print integer */
                break;
            case 'c':
                * print results to stdout /*
                * print character */
                break;
            case 'n':
                fputc(*p, stdout);
                break;
            }
        }
    }
    va_end(list);
}

/* this is kinda sloppy but it should work, maybe. */
for (i = 0; i < num; i++) {
    r = va_arg(list, int);
    printf("%d", r);
    continue;
}
Sleep  
Steps  
Meditation  
Productivity
32 Variables

- Location
- Steps
- Hours Sleep
- Miles Ran
- Half Marathons Ran
- HIIT

- Pushups
- Meditation
- Box Breathing
- Italian
- Pomodores
- Rescue Time

- Food
- Calories
- Eating out
- Fasting
- Water
- Weight

- % Carbs
- % Fat
- % Protein
- % Fat
- Volunteering
- Do something scary

- Something social
- Gratitude Journal
Done
2 Jun 2016

Carbohydrates:
- Eaten: 45.97g
- Goal: 152g
- Remaining: -106g

Protein:
- Eaten: 55.63g
- Goal: 46.22g
- Remaining: 9.4g

Diet:
- Eaten: 153.12g
- Goal: 144g
- Remaining: 9.1g

Synced from MyFitnessPal

www.daviddesouza.co.uk
Adventure | Entrepreneurship | Giving Back
Lessons Learnt

1
Lesson 1
Location, Location, Location
Lesson 2

Sleep
Lesson 3

Going Out to Eat
Lesson 4
Batch Activities
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Download a free template of the dashboard at:

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